

## Health Education Program

Prevention is better than cure' Proverb says. In rural areas, diseases are rampant due to lack of hygiene and proper education or understanding of common diseases.

EDRC sponsors free health camps to provide health education for vulnerable people in remote locations, and arranges for medical teams, medical supplies and medicines. EDRC has a vision to equip the people with spiritual inputs and also to give the Comprehensive Medical Aid.



### Medical treatment for rural poor women

In rural areas, there are often no facilities available for basic health care needs and adequate health education. EDRC has been responding to the social call by actively conducting free medical camps for the rural poor people, especially for the women and children.



common diseases, and benefits of hand washing behaviour are stressed. Our honorary Medical Teams visit different schools and provide health education on how they can be safe from infectious, contagious and water borne life-killing diseases.

The students, parents, and surrounding people attended which was followed by distribution of soaps for use in their home latrines.

Specialized doctors provide medical services. In a single camps 3/4 experienced physicians stay a whole-day and give treatment at least 500 patients of different ages in their day-long services.

Various programs conducted by EDRC in the past include diagnosis by specialists, distribution of free Medicines, Injections, and Free eye Glasses to the poor and needy. EDRC also arranges pre-natal and post-natal cares of rural mothers and expecting mothers.

As a part of its Hygiene Promotion Campaign, EDRC observes the in different schools



supported by EDRC. This year, on October 15th, a good number of students from different schools including social welfare schools will be participating in several events and activities to be organized by EDRC.



Health education builds students' knowledge, skills, and positive attitudes about health. Health education teaches about physical, mental, emotional and social health. It motivates students to improve and maintain their health, prevent disease, and reduce risky behaviors.

School children showing clean hands.

EDRC implement a number of humanitarian and development programs all the year round. The organization does not have any reserved fund and resources. It appeals affluent people and organizations to support the program for the cause of vulnerable needy people in Bangladesh.

### Health Education for Life in Primary schools

EDRC introduces the approach of Health for Life programme in schools to promote an ethos and environment which encourages a pro-active approach to developing a healthy lifestyle, and focuses on:

- Cleanliness
- Physical activity
- Healthy eating



Hand washing in the school premises

EDRC works with partners to help use the living rules to embed an understanding of how to achieve a healthy lifestyle. By

In 2014-2015, a number of 25,000 students attended in Health Education Programs organized by EDRC. The students were made conscious of the causes of

working with lots of schools we are able to share good practice and give them lots of ideas and supports.

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